







Unitarian Principle

Individual and communal action that accountably dismantles racism and systemic barriers to full inclusion in ourselves and our institutions.

Keep up with events at Don Heights by regularly checking www.donheights.ca.

February 2025

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Join us on Zoom Meeting ID: 833 995 2710 Password: 1111 Dial in 647-374-4685 OR 647-558-0588 https://zoom.us/j/8339952710?pwd=R0k0ZXl3WlFR2xFMW9UWEdjTDIOZ09						
<p>* = Adult Program ACSA = Agincourt Community Services Association FPM = Flemington Park Ministry</p>    <p>February 1-7</p>						1
2 Service - 10:30 am Black History: White Family Presenter: Sheila White Music: Chris White ACSA/FPM Collection 12:15 pm Don Heights Potluck Lunch	3 10:00 am to 3:00 pm Office Open 11:00 am * Publicity Committee 7:00 pm * Multifaith Spiritual Dialogue Circle: World Interfaith Harmony Week	4	5 10:00 am to 3:00 pm Office Open 11:00 am * Sunday Services Committee 5:00 pm * Virtual Coffee Hour	6 1:00 pm * Online Vegan Lunch Group 7:00 pm * Don Heights Singers	7 2:00 pm * Ways and Means	8
9 Service - 10:30 am Where is the Love? Presenter: Janis Daly Music: Don Heights Singers	10 10:00 am to 3:00 pm Office Open 1:00 pm * 70th Anniversary Committee	11 March Calendar Content Deadline 7:00 pm Board Meeting	12 10:00 am to 3:00 pm Virtual Office 5:00 pm * Virtual Coffee Hour	13 1:00 pm * Online Vegan Lunch Group 7:00 pm * Don Heights Singers	14  7:15 pm Doors Open * Bill's Coffeehouse & Open Mic featuring Brian Jantzi & audrey new moon	15
16 Service - 10:30 am Faceless but not Voiceless Presenter: Hannah Erickson Music: Hannah Erickson 12:15 pm Whole Foods Plant Based Potluck Lunch	17  Office Closed	18 1:00 pm Social Action Discussion 7:00 pm * UU A to Z Amazing Unitarians IV	19 10:00 am to 3:00 pm Office Open 5:00 pm * Virtual Coffee Hour March Calendar Published	20 1:00 pm * Online Vegan Lunch Group	21	22
23 Service - 10:30 am Perfectly Imperfect Presenter: Reverend Lynn Harrison Music: Reverend Lynn Harrison with the Don Heights Singers	24 10:00 am to 3:00 pm Office Open 11:00 am * Book Group Tyranny of the Minority 7:15 pm * Men's Discussion Group	25 10:30 am * Do Be Do Group	26 10:00 am to 3:00 pm Office Open 5:00 pm * Virtual Coffee Hour	27 1:00 pm * Online Vegan Lunch Group 7:00 pm * Don Heights Singers	28 2:00 pm * Women's Group @ the home of Germaine Kovary	

February 2025 Sunday Services

Join us on Zoom <https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlIiFR2xFMW9UWEEdjTDIOZz09>
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February 2 at 10:30 am

Black History: White Family

Presenter: Sheila White

Service Leader: Sheila White

Music: Chris White

Assisted by his daughter Sheila and son Chris, and through the wonder of technology, to kick off Black History Month, Bill White returns to Don Heights to speak and lead singing in a service about his famous White Family. Bill White, OC, (1915-1981) was a founding member of Don Heights Unitarian Congregation, along with wife Vivian (1925-2016). Bill was the Music Director, and an esteemed congregational leader and board member at the former Don Heights building on Antrim Crescent in Scarborough. Don Heights named its Kennedy Road co-op housing project the Bill White Housing Cooperative in March 1990 as a posthumous tribute to him.

Don Heights member **Sheila White** is our Music Director, leader of the Don Heights Singers, and author of *The Letters: Postmark Prejudice in Black and White*, a biographical novel about her parents' interracial marriage. **Sheila** is also one of our Lay Chaplains at Don Heights.

Chris White is a singer/songwriter, radio host, recording artist, performing musician, mentor, and community-builder living in Ottawa and joining us via Zoom. Growing up, Chris attended Unitarian Sunday School and the Youth Group, LRY.

February 9 at 10:30 am

Where is the Love?

Presenter: Janis Daly

Service Leader: Germaine Kovary

Music: Don Heights Singers

George Harrison said, "With our love, we could save the world but does anyone actually believe that?"
Can we save ourselves with love?
Is love the missing power that changes everything?
If love can change the world, where is it?

Janis Daly has been a member of Don Heights Unitarian Congregation since 2011. She has served on the Board and is active on several committees. She is a UU Envoy through the UU Office at the United Nations.

Janis is a lay chaplain and is now a lay minister at Don Heights. She is a Distinguished Toastmaster with many speeches under her belt and a former adult trainer.

Janis is a singer and songwriter, an enthusiastic member of the Don Heights Singers and musician in various bands.



February 16 at 10:30 am

Faceless but not Voiceless

Presenter: Hannah Erickson

Service Leader: Lorna Weigand

Music: Hannah Erickson

Hannah Erickson is the Development Administrative Co-ordinator at North York Women's Shelter. Her talk will inform us about the work of NYWS and about some of the recent campaigns they are working on.

February 23 at 10:30 am

Perfectly Imperfect

Presenter: Reverend Lynn Harrison

Service Leader: Lorna Weigand

Music: Reverend Lynn Harrison
with the Don Heights Singers

For many people, perfectionism is a longstanding pattern that's difficult to unlearn. The recent book *The Perfection Trap* by Thomas Curran helps us understand the power of "good enough". As well, our UU Principles and many sources of timeless wisdom can help us deepen our acceptance of ourselves and others, warts and all!

Reverend Lynn served at Toronto First since 2016 and is now speaking to us monthly. She is also a recognized singer-songwriter and has recently produced her seventh recording entitled *Treasure*.

