







## Unitarian Principle

Respect for the interdependent web of all existence  
of which we are a part

Keep up with events at  
Don Heights by regularly  
checking [www.donheights.ca](http://www.donheights.ca).

# April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Join us on Zoom Meeting ID: 833 995 2710 Password: 1111 Dial in 647-374-4685 OR 647-558-0588  <a href="https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlFR2xFMW9UWEdjTDIOZz09">https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlFR2xFMW9UWEdjTDIOZz09</a></p>						
 <p>* = Adult Program                      ACSA = Agincourt Community Services Association                      FPM = Flemingdon Park Ministry</p>			<p>1                       10:00 am to 3:00 pm  <b>Office Open</b>                      5:00 pm                      * <b>Virtual Coffee Hour</b></p>	<p>2                      1:00 pm                      * <b>Online Vegan Lunch Group</b>                      7:00 pm  <b>UUGTA Grow</b></p>	<p>3 </p>	<p>4</p>
<p>5                      Service - 10:30 am  <b>Easter Sunday</b>  <b>Presenter:</b>                      Reverend                      Wayne Walder  <b>Music:</b>                      Sheila White and                      Don Heights Singers  <b>ACSA/FPM</b>  <b>Collection</b>                      12:15 pm  <b>Don Heights</b>  <b>Potluck</b></p>	<p>6                      7:00 pm                      * <b>Multifaith</b>  <b>Spiritual</b>  <b>Dialogue Circle:</b>  <i>Renewal</i></p>	<p>7</p>	<p>8                      10:00 am to 3:00 pm  <b>Office Open</b>                      11:00 am  <b>Sunday Services</b>  <b>Committee</b>                      5:00 pm                      * <b>Virtual Coffee Hour</b></p>	<p>9                      1:00 pm                      * <b>Online Vegan Lunch Group</b></p>	<p>10   <b>Out of the Cold</b></p>	<p>11</p>
<p>12                      Service - 10:30 am  <b>Canada's School</b>  <b>Food Program</b>  <b>Presenter:</b>                      Debbie Field  <b>Music:</b>                      Kathleen Bowman</p>	<p>13                      2:00 pm                      * <b>Publicity</b>  <b>Committee</b>                      7:00 pm                      * <b>Don Heights</b>  <b>Singers</b></p>	<p>14  <b>May Calendar</b>  <b>Content Deadline</b>                      7:00 pm                      * <b>UU A to Z</b>  <b>E is for Exciting</b>  <b>UUs Part II</b></p>	<p>15                      10:00 am to 3:00 pm  <b>Office Open</b>                      5:00 pm                      * <b>Virtual Coffee Hour</b></p>	<p>16                      1:00 pm                      * <b>Online Vegan Lunch Group</b>                      7:00 pm                      * <b>UUGTA Grow</b></p>	<p>17                      7:15 pm                      Doors Open                      * <b>Bill's</b>  <b>Coffeehouse</b>  <b>&amp; Open Mic</b>                      featuring  <b>Mojo's Girl</b></p>	<p>18</p>
<p>19                      Service - 10:30 am  <b>A Scarborough</b>  <b>Charity</b>  <b>Presenter:</b>                      Courtney Fisher  <b>Music:</b>                      Jovan Stojkovic                      12:15 pm  <b>Whole Foods</b>  <b>Potluck</b>                      1:00 pm  <b>Canadian Piano</b>  <b>Society</b></p>	<p>20                      7:00 pm                      * <b>DH Singers</b></p>	<p>21                      11:00 am  <b>Social</b>  <b>Action</b>  <b>Discussion</b>                      7:00 pm  <b>Board</b>  <b>Meeting</b></p>	<p>22  <b>May Calendar</b>  <b>Published</b>                      10:00 am to 3:00 pm  <b>Office Open</b>                      5:00 pm                      * <b>Virtual Coffee Hour</b>  </p>	<p>23                      1:00 pm                      * <b>Online Vegan Lunch Group</b>                      7:15 pm                      * <b>Men's</b>  <b>Discussion</b>  <b>Group</b></p>	<p>24                      2:00 pm                      * <b>Women's</b>  <b>Group</b>                      at the home of                      Gabriela                      Sanchez</p>	<p>25</p>
<p>26                      Service - 10:30 am  <b>On Control and</b>  <b>Freedom</b>  <b>Presenter:</b> Reverend                      Lynn Harrison  <b>Music:</b> Reverend                      Lynn Harrison with                      Sheila White and                      Don Heights Singers                      1:00 pm  <b>Annual General</b>  <b>Meeting</b></p>	<p>27                      11:00 am                      * <b>Book Group</b>                      7:00 pm                      * <b>Don Heights</b>  <b>Singers</b></p>	<p>28</p>	<p>29                      10:00 am to 3:00 pm  <b>Office Open</b>                      5:00 pm                      * <b>Virtual Coffee Hour</b></p>	<p>30                      1:00 pm                      * <b>Online Vegan Lunch Group</b></p>		

# April 2026 Sunday Services

Join us on Zoom <https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlIiFR2xFMW9UWEjTDIOZz09>  
Dial in 647-374-4685 OR 647-558-0588 Meeting ID: 833 995 2710 Password: 1111

**April 5 at 10:30 am**

## **Easter Sunday**

**Presenter:** Reverend Wayne Walder

**Service Leader:** Sunaina Menezes

**Music:** Sheila White and Don Heights Singers

We are alone and our lives will end. Easter tells us so. As it also says, we are not alone and we need to begin again. These exclusive thoughts can come together in Spring, as we begin to begin again.

**Reverend Wayne Walder** retired three years ago from the Neighbourhood Congregation in Toronto, a congregation he helped start with five people and fifty dollars. Ministry was his second career. Each day he sits quietly for about an hour hoping to learn more about enlightenment.

He and his wife of almost 40 years, Joan, have three children. Lately he has been learning Italian, traveling with friends, and enlarging/maintaining a cottage he built with Joan in the woods.

**April 12 at 10:30 am**

## **Canada's School Food Program: Next Steps**

**Presenter:** Debbie Field

**Service Leader:** Lorna Weigand

**Music:** Kathleen Bowman

**Debbie** will talk about the national program that has been approved to provide meals for school children and how we will reach our ideal national school food model within the school system.

**Debbie Field**, Coalition for Healthy School Food, is the National Coordinator of the Coalition for Healthy School Food. Her organization has successfully advocated for a National School Food Program, a National School Food Policy for Canada. Her organization has asked the federal government's commitment to make the Program permanent in the coming months, expanding funding and policy commitments to all the provinces and territories.

As a longstanding community activist in a variety of social movements, **Debbie** believes passionately in the power of grassroots campaigning. She is also an Associate Member of the Centre for Studies in Food Security, Toronto Metropolitan University, and Visiting Teaching Faculty in the MPP program McGill University Max Bell School of Public Policy.

A Leaside veterinarian since 2022, **Kathleen Bowman** always had a passion for the piano. Growing up in Toronto, she took piano lessons as a child, and returned to piano as a serious pursuit during the pandemic. She earned her degrees from Dalhousie University and University College Dublin for veterinary medicine. Kathleen plays regularly for residents of Hazelton Retirement Home.

**April 19 at 10:30 am**

## **The Birth and Maturation of a Scarborough Charity**

**Presenter:** Courtney Fisher

**Service Leader:** Sheila White

**Music:** Jovan Stojkovic

What does it require to take the seed of an idea and make it a going concern? Our guest speaker will recount his journey on bringing to fruition and growing Rising Sun Food Drive Foundation, the community charity he built to supply donated provisions to Scarborough's food banks.

**Courtney Fisher** is the Chair and General Manager of Rising Sun Food Drive Foundation. He earned a political science degree from York University and a degree in education from University of Windsor before entering a teaching career at North York Board of Education and the amalgamated TDSB.

**Courtney** arrived in Toronto from Jamaica via the United States in February of 1982. His interests include a 30-year involvement in the West Indies United Sports Club Inc., musical theatre, reggae music, Chinese opera and social justice.

**Jovan Stojkovic** moved to Canada with his family in 1993 and began musical instruction at the age of ten. Soon, he found a great affinity for classical music and began to perform in the Lions Music and Kiwanis Festivals.

**Jovan** is currently performing across southern Ontario and teaching regularly from his home in North York.

**April 26 at 10:30 am**

## **On Control and Freedom**

**Presenter:** Reverend Lynn Harrison

**Service Leader:** Sunaina Menezes

**Music:** Reverend Lynn Harrison with  
Sheila White and Don Heights Singers

Freedom and liberty are woven into our Unitarian Universalist Principles, and they're often on our minds in light of world events. **Reverend Lynn** reflects on the spiritual dimensions of freedom and control and how they take shape in our lives.

**Reverend Lynn Harrison** served at Toronto First from 2016 to 2023. She is also a recognized singer-songwriter and has recently produced her seventh recording entitled *Treasure*.

**1:00 pm**

