

Unitarian Principle
The goal of world community with peace, liberty
and justice for all.

Keep up with events at
Don Heights by regularly
checking www.donheights.ca.

June 2026

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Join us on Zoom Meeting ID: 833 995 2710 Password: 1111 Dial in 647-374-4685 OR 647-558-0588 https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlIIFR2xFMW9UWEdjTDIOZz09						
* = Adult Program ACSA = Agincourt Community Services Association FPM = Flemingdon Park Ministries PB = Private Booking at 18 Wynford						
	1 7:00 pm Multi-faith Spiritual Dialogue Circle: Baha'i Principles 7:00 pm * Don Heights Singers	2	3  5:00 pm * Virtual Coffee Hour	4 1:00 pm * Online Vegan Lunch Group 1:00 pm Celebration of Life for Reverend Pat Trudeau	5 	6
7 Service - 10:30 am Drama in the Butterfly Garden Presenter: Carol Pasternak Music: Rob Sutherland ACSA/FPM Collection 12:15 pm Don Heights Potluck	8 7:00 pm * Don Heights Singers	9 11:00 am Social Action Discussion 7:00 pm * UU A to Z F is for Friendly UUs Part II	10  11:00 am Sunday Services Committee 5:00 pm * Virtual Coffee Hour	11 1:00 pm * Online Vegan Lunch Group	12	13
14 Service - 10:30 am Flower Service How Does Our Garden Grow? Presenter: Reverend Lynn Harrison Music: Reverend Lynn Harrison with Sheila White and Don Heights Singers 1:15 pm Canadian Piano Society	15 7:00 pm * Don Heights Singers	16 Summer Calendar Content Deadline 7:00 pm Board Meeting	17 10:00 am to 3:00 pm Office Open 5:00 pm * Virtual Coffee Hour	18 1:00 pm * Online Vegan Lunch Group 7:00 pm UUGTA Grow	19 7:30 pm Doors Open * Bill's Coffeehouse & Open Mic featuring Jen and Sam	20 5:30 pm PB
21 Service - 10:30 am Get Into The Meadoway! Presenter: Tisha Tan Music: Rob Sutherland 	22 11:00 am * Book Discussion Group <i>Ragged Company</i> 7:00 pm * Don Heights Singers	23 11:00 am Communications and Fundraising Committee	24  5:00 pm * Virtual Coffee Hour Summer Calendar Published	25 1:00 pm * Online Vegan Lunch Group 7:15 pm * Men's Discussion Group	26 2:00 pm * Women's Group @ Rosemary Sheppard's home	27
28 Service - 10:30 am We Must Protect the Humanists and Other Non-Conformists Presenter: Janis Daly Music: Sheila White and Don Heights Singers Congregation Picnic at Charles Sauriol Conservation Area	29 7:00 pm * Don Heights Singers	30				

June 2026 Sunday Services

Join us on Zoom <https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlIiFR2xFMW9UWEjTDIOZz09>
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June 7 at 10:30 am

Drama in the Butterfly Garden

Presenter: Carol Pasternak

Service Leader: Bob Long

Music: Rob Sutherland

Take a break from the news to experience the awe and miracles happening just outside your door. Through graphic macro photography and videos, you'll see insects hatching, eating each other, transforming, courting, and even farming! Butterfly expert and author **Carol Pasternak** will dazzle you with her passion, humour, and brilliant photography, then stay to answer all your questions.

Carol Pasternak, MBA, LLB, is an author, photographer and sought-after Motivational Nature Speaker. She has been raising butterflies on her dining room table for 40 years, and never gets tired of it.

Her first book, *How to Raise Monarch Butterflies: A Step-by-Step Guide for Kids*, has sold 60,000 copies and inspired a new generation to grow native plants. In her newest book, *5 Butterflies*, Carol merges her mottos, "Discover it. Love it. Protect it." and "It's Gotta Be Fun!" to ignite people's love of nature through the raising of butterflies.

Rob Sutherland has been playing piano and organ for almost 50 years, encompassing all styles of music, including classical, jazz, new age, rock & roll, Latin and more. He was a recording artist for Solitudes Record Label during the 1990s and achieved gold record status for his CD, "Serenity".

June 14 at 10:30 am Flower Service

How Does Our Garden Grow

Presenter: Reverend Lynn Harrison

Service Leader: Sunaina Menezes

Music: Reverend Lynn Harrison with
Sheila White and Don Heights Singers

In harmony with many Unitarian congregations, we celebrate our annual Flower Service. **Reverend Lynn Harrison** reflects on the history of this beloved tradition and the many ways we blossom as a community.

Reverend Lynn served as minister at Toronto First Unitarian Congregation from 2016 to 2023. Reverend **Lynn** is also a recognized singer-songwriter and has recently produced her seventh recording entitled *Treasure* and a book, *Song Writing As Soul Work: Songs and the Inner Life*.



June 21 at 10:30 am

Get Into The Meadoway!

Presenter: Tisha Tan

Service Leader: Lorna Weigand

Music: Rob Sutherland

Learn all about one of the most exciting greenspace revitalization projects in Canada! Located right here in the GTA, The Gattineau Hydro Corridor has been transformed into a flourishing natural meadow and community greenspace.

Eventually encompassing over 200 hectares and spanning 16 kilometers, The Meadoway will connect the East Don Trail and Rouge National Urban Park, connecting fragmented greenspaces and communities across Toronto via an ecologically sustainable and active transportation network.

In this presentation, we'll explain why The Meadoway matters and how it will enhance the landscape for people, plants, and animals.

Tisha Tan is a public educator who works at Toronto and Region Conservation Authority (TRCA). As a Program Manager on the Community Outreach and Education team, she develops and delivers events and programs across the City of Toronto, providing meaningful opportunities that connect people to the nature that surrounds them.

She holds a Bachelor's degree in Conservation and Biodiversity and a Masters degree in Environmental Science, both from the University of Toronto, and has worked in environmental restoration and education for the last nine years.

Rob Sutherland is a frequent guest musician at Don Heights, bringing his half century of piano playing skills to us in a variety of styles.

June 28 at 10:30 am

We Must Protect the Humanists and Other Non-Conformists

Presenter: Janis Daly

Service Leader: Germaine Kovary

Music: Sheila White and Don Heights Singers

Around the world, attacks are growing against non-conformists who do not want the state to dictate that they believe in God along with those who don't want to be told what God, if any, they should believe in.

Whether it takes the form of prayer in schools, book banning or attempts to impose one religious belief in the workplace or government, these are genuine threats to those who are free thinkers. What can we do as Unitarians to help?

Janis Daly has been a member of Don Heights Unitarian Congregation since 2011. She has served on the Board and is active on several committees. She is a Lay Chaplain and a Lay Minister at Don Heights. A former adult trainer, she is a Distinguished Toastmaster with many speeches to her credit. Janis is also a singer-songwriter, an enthusiastic member of the Don Heights Singers and various bands.