

## Unitarian Principle

A free and responsible search for truth and meaning.

## Don Heights Unitarian Congregation

18 Wynford Drive, Suite 102  
Don Mills, ON M3C 3S2 416-444-8839

# October 2026

| Sun.                                                                                                                                                                      | Mon.                                                                                                                                   | Tues.                                                                                      | Wed.                                                                                                                                                                         | Thurs.                                                                                       | Fri.                                                                                                                  | Sat.                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Please join us in person or online at <a href="http://www.donheights.ca">www.donheights.ca</a> . Click on "Join us on Zoom!"<br>Don Heights is a fragrance-free premises. |                                                                                                                                        |                                                                                            |                                                                                                                                                                              |                                                                                              |                                                                                                                       |                                                                                             |
| Our monthly Giving Sunday supports Agincourt Community Services Association and Flemingdon Park Ministries                                                                |                                                                                                                                        |                                                                                            |                                                                                                                                                                              |                                                                                              |                                                                                                                       |                                                                                             |
|                                                                                          |                                                                                                                                        |                                                                                            |                                                                                                                                                                              | 1<br><br>1:00 pm<br>Online Vegan<br>Lunch Group                                              | 2                                                                                                                     | 3                                                                                           |
| 4<br>10:30 am Service:<br><b>Homosexual<br/>Behaviour<br/>In Animals: It's a<br/>Natural Thing!</b><br><br><i>Giving Sunday</i><br><br>12:15 pm<br>Don Heights Potluck    | 5<br><br>7:00 pm<br>Multifaith Spiritual<br>Dialogue Circle:<br>Intergenerational<br>Bonds<br><br>7:00 pm<br>Don Heights Singers       | 6                                                                                          | 7<br><br><br>11:00 am<br>Sunday Services<br>Committee<br><br>5:00 pm<br>Virtual Coffee Hour | 8<br><br>1:00 pm<br>Online Vegan<br>Lunch Group                                              | 9                                                                                                                     | 10                                                                                          |
| 11<br>10:30 am Service:<br><b>Practicing Hope:<br/>Facing the Future<br/>Together - Part I</b>                                                                            | 12<br><br><br>7:00 pm<br>Don Heights Singers        | 13<br>November Calendar<br>Content Deadline<br><br>11:00 am<br>Social Action<br>Discussion | 14<br>10:00 am to 3:00 pm<br>Office Open<br><br>5:00 pm<br>Virtual Coffee Hour                                                                                               | 15<br><br>1:00 pm<br>Online Vegan<br>Lunch Group                                             | 16<br><br>7:30 pm<br>Doors Open<br><b>Bill's Coffeehouse<br/>&amp; Open Mic</b><br>featuring<br><b>Dave McLachlan</b> | 17                                                                                          |
| 18<br>10:30 am Service:<br><b>Art for Everyone!</b><br><br>12:15 pm<br>Whole Foods Plant-Based<br>Potluck<br><br>1:30 pm<br>Canadian Piano Society                        | 19<br><br>7:00 pm<br>Don Heights Singers                                                                                               | 20<br><br>7:00 pm<br>Board Meeting                                                         | 21<br>10:00 am to 3:00 pm<br>Office Open<br><br>5:00 pm<br>Virtual Coffee Hour<br><br>November Calendar<br>Published                                                         | 22<br><br>1:00 pm<br>Online Vegan<br>Lunch Group<br><br>7:15 pm<br>Men's Discussion<br>Group | 23                                                                                                                    | 24                                                                                          |
| 25<br>10:30 am Service:<br><b>Practicing Hope:<br/>Facing the Future<br/>Together - Part II</b>                                                                           | 26<br>11:00 am on Zoom<br>Book Discussion<br>Group<br><i>How Not to Die</i><br>by Michael Greger<br><br>7:00 pm<br>Don Heights Singers | 27                                                                                         | 28<br>10:00 am to 3:00 pm<br>Office Open<br><br>5:00 pm<br>Virtual Coffee Hour                                                                                               | 29<br><br>1:00 pm<br>Online Vegan<br>Lunch Group                                             | 30<br><br>2:00 pm<br>Women's Group<br>at the home of<br>Sharyn Devine                                                 | 31<br> |

# October 2026 Sunday Services

Join us on Zoom <https://zoom.us/j/8339952710?pwd=R0k0ZXI3WlFR2xFMW9UWEjTDIOZz09>  
Dial in 647-374-4685 OR 647-558-0588 Meeting ID: 833 995 2710 Password: 1111

## October 4 at 10:30 am **Homosexual Behaviour in Animals: It's a Natural Thing!**

**Presenter:** Mary Dagg  
**Service Leader:** Sharyn Devine  
**Music:** Kathleen Bowman

This presentation will challenge the assumption that homosexual behaviour exists only in human beings and is therefore an "unnatural thing". Examples from scientific research will be discussed including touching on one of the first published articles written by Dr. Anne Innis Dagg in 1984. We'll also delve into the reasons that research into homosexual behaviour of mammals has gone unreported in the scientific community.

**Mary Dagg** is Anne Dagg's daughter and the Chief Executive Officer of the Anne Innis Dagg Foundation. She accompanied Anne on her trip back to Fleur De Lys in South Africa and was by her side when Anne received the Order of Canada, her honorary doctorate at the University of Waterloo, and many screenings and special events. Mary Dagg is a Chartered Professional Accountant who worked as a Senior Director of Finance at a large Bay Street law firm. In 2020, she decided to leave the financial world and dedicated herself to her mother and her mother's work.

A Leaside veterinarian since 2022, **Kathleen Bowman** always had a passion for the piano. Growing up in Toronto, she took piano lessons as a child, and returned to piano as a serious pursuit during the pandemic. She earned her degrees from Dalhousie University and University College Dublin for veterinary medicine. Kathleen plays regularly for residents of Hazelton Retirement Home.

## October 11 at 10:30 am **Practicing Hope: Facing The Future Together - Part I** **Presenter:** Reverend Lynn Harrison **Service Leader:** Sunaina Menezes **Music:** Reverend Lynn Harrison with Sheila White and Don Heights Singers

**Reverend Lynn Harrison** leads a service based on the 2026 "Sharing Our Faith" packet developed by the Canadian Unitarian Council. Many UU congregations across Canada are exploring this shared theme this month with a collection that supports UU development projects across the country. The "Practicing Hope" service touches on themes of grief, change, climate anxiety, imagination, innovation, truth-telling, and the resiliency required for the future we want to create.

## October 18 at 10:30 am **Art is for Everyone!** **Presenter:** Reverend Ruth Howard **Service Leader:** Lorna Weigand **Music:** Anton Tajanlangit

**Ruth** will share an overview of the history and thoughts behind her many decades of work, within and beyond Jumbles, in arts that engage with and create community across differences real and perceived, with a slide show, sample arts activities and time for questions and discussion.

**Reverend Ruth Howard** is an interdisciplinary and theatre artist and founding Artistic Director of Jumbles: a Toronto-based community-engaged arts company. With Jumbles for 25 years, Ruth produced multi-year residencies in Toronto neighbourhoods, leading to large-scale productions and lasting offshoots, as well as cross-country tours, music and dance works, evolving galleries, festivals, films, books, and many other collaborative and radically inclusive projects. Ruth has also worked across Canada and in the UK as a theatre designer, taught in many contexts, mentored many artists and organizations, and won awards and recognition for her work. In 2023, Ruth stepped aside from the artistic direction of Jumbles, continuing to work as an independent artist, mentor and consultant with Jumbles and other collaborators.

**Anton Tajanlangit**, owner of Piano Keys Music Studio, is Canada's National Director of the World Championship of Performing Arts (WCOPA), a prestigious international competition. He is President and Chairman of the Board of the Canadian Performing Artists Guild. He is the founder of the Canadian Piano Society, which brings pianists in to perform free Sunday piano concerts monthly at Don Heights.

## October 25 at 10:30 am **Practicing Hope: Facing The Future Together - Part II** **Presenter:** Reverend Lynn Harrison **Service Leader:** Sunaina Menezes **Music:** Reverend Lynn Harrison with Sheila White and Don Heights Singers

**Reverend Lynn Harrison** leads a service continuing the theme from October 11. Again, we will touch on the topics of grief, change, climate anxiety, imagination, innovation, truth-telling, and the resiliency required for the future we want to create.

**Reverend Lynn** served at Toronto First from 2016 to 2023. She is also a recognized singer-songwriter and has recently produced her seventh recording entitled *Treasure*. Find Lynn's book "Songwriting as Soul Work" on Amazon.